



Tuesday 10 January 2023

Happy new year to residents, relatives, and representatives!

I hope this letter finds you and your loved ones all well after a merry Christmas, and wishing you a happy and safe 2023.

This letter is to update you with the status at the House of Saint Hilarion - Seaton and Villa Saint Hilarion – Fulham.

Please note, this letter provides several pieces of information.

- Opening Times Changes.
- Menu Update.
- COVID-19 Update.

Opening Times

As of Saturday 14 January 2023, both Seaton and Fulham facilities will have the same visiting hours, from 10am through to 6.00pm Monday through to Sunday, including public holidays.

Whilst we have increased visiting hours, can I please ask you visit between the opening and closing hours, allowing our clinical and care teams to ensure all residents have participated in the morning routines of bathroom, change of clothing, breakfast, and medications as-well-as evening routines. Those visiting palliative residents are able to visit outside of the designated visiting hours.

Menu Update

We have started work on updating our menus for 2023 based on the feedback provided by our residents and relatives. Changing a menu is not as straightforward as one would expect. Once we have settled on the menu, it must be approved by a dietician who looks at every meal and assesses its protein, carbohydrate, and fat content, overall calories and then looks at the totals of each per day and per week.

This is intensive work and takes approximately 3 to 4 months to complete. This is a requirement of the Aged Care Commission to ensure all residents are receiving a balanced, nutritious, and diverse diet.

COVID-19 Update

At Fulham...

COVID-19 Status at Fulham.

We have no active positive COVID-19 cases as of today.

House of St Hilarion

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Community Services

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At Seaton...

COVID-19 status at Seaton.

We have no active positive COVID-19 cases as of today.

What does this mean for visitors at Fulham and Seaton?

- Sign in using Loop learn.
- All visitors must sanitise their hands, complete a RAT, wear a mask, and only enter the resident's unit.
- Sanitise hands again before going beyond the reception area.
- **Please only visit your loved one in their room. Do not enter any communal area.**

What does this mean for staff at Fulham and Seaton?

We continue to minimise the potential for any further infection in several ways.

- Staff will be completing Rapid Antigen Tests daily before commencing their shift.
- Staff will wear full PPE including D95 mask and eye protection, and gowns where required.
- Staff have received further training on infection control and PPE use.
- Nurses will continue to assess each resident twice per day for any COVID symptoms.
- Continued emotional and spiritual support.
- Our Mental Health and Wellbeing Coordinator is available to provide face to face support to all residents.
- Leisure and Lifestyle staff members are rostered every day to provide as many activities as possible and visit people regularly to ensure they are not feeling isolated.

As always, for any general enquiries we encourage you to contact us by phoning 08 8409 1500, emailing admin@sainthilarion.asn.au or visiting our website <https://sainthilarion.asn.au/news/covid-19-updates/> for latest updates.

Yours sincerely



Vincenzo Libri
CEO