



Dear Residents, Relatives and Friends

Hello and welcome to the September 2022 edition of the Society of Saint Hilarion newsletter. This edition comes with some fantastic news regarding our lifestyle team – which is to be rebranded as our Wellbeing team. You will see them in their purple shirts and are the committed people responsible for delivering the wellbeing activities that make living at Saint Hilarion an enjoyable experience – helping residents remain socially linked, mentally engaged, emotionally balanced, and spiritually connected.

Would you like to be part of our Wellbeing team? If you have ever thought of volunteering some of your time to help assist our Wellbeing team, please call 08 8409 1500 and ask for Jasmine. It will be one of the most rewarding decisions you will ever make. Wishing you and your family good health, peace, and happiness.

**Vincenzo Libri**  
CEO

## Wellbeing Team

Friendship group with Gilbert our resident Golden Labrador. With the occasional hint of warmer weather, here are some of our residents enjoying the sunshine at the cafe shop to start to spring season.



In September, Elena celebrated her 85th birthday with family and friends, a great time was had by them all.

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### SoupedUp update

Earlier this year we introduced SoupedUp, our electronic menu management system. This system was intended to improve the overall food experience for our Residents and also reduce risks associated with weight loss.

We are pleased to share that whilst we continue to improve our processes and menu offerings that weight loss risks, for our Residents, has been much better controlled. We are now seeing Resident who may've previously shown significant or consecutive weight loss now gain weight which is a fantastic result.



### Client Satisfaction Survey 2022

Our annual Client Survey is on schedule for release early October, and you may be asked if you can assist in completing this with your loved ones. Gathering feedback is very important and is just another avenue for Saint Hilarion to reflect on what is done well and where improvements are required. Keep your eye out for additional information from our CEO regarding this.

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