



Dear Residents, Relatives and Friends,

On behalf of everyone at Saint Hilarion Happy New Year. We are all looking forward to a wonderful year full of lovely food, lots of activities and lots of visits from family and friends. Thankfully, South Australia has weathered the COVID-19 pandemic relatively well, but we are taking this opportunity in the information below to re-emphasise the ways in which we are keeping everyone as safe as possible.

Dr Carol Davy



Remaining Safe Through COVID-19 Pandemic

While South Australia is currently performing relatively well compared to other states, we did want to take this opportunity to remind everyone of what must be considered prior to entering an aged care facility.

Please ensure that you:

- Have provided proof of a current influenza vaccine
- Have not visited any identified COVID-19 hotspots
- Are not required to self-isolate for any reason
- Do not have any symptoms of COVID-19
- Only visit during prescribed visiting hours

Before entering a Residential area please ensure:

- Your temperature is taken
- Sign in book is completed providing a contact number
- Hands are sanitised
- Communal areas remain free of visitors
- Government's social distancing requirements are applied

Head Office

7 Kelly Avenue
Seaton SA 5023
PO Box 4114, Seaton SA 5023
T 08 8409 1500
F 08 8409 1599
E admin@sainthilarion.asn.au

The House of Saint Hilarion

7 Kelly Avenue
Seaton SA 5023
T 08 8409 1500
F 08 8409 1599 (admin)
F 08 8409 1598 (nursing)

Villa Saint Hilarion

21 Farncomb Road
Fulham SA 5024
T 08 8235 9055
F 08 8235 9355

Community Care

7 Kelly Avenue
Seaton SA 5023
T 08 8409 1266



Celebrating Orthodox Christmas

A number of Residents helped us celebrate Orthodox Christmas. As you will no doubt be aware Churches in Russia, Serbia, Jerusalem, Ukraine and other countries use the old 'Julian' calendar and people in those churches celebrate Christmas on January 7th. While not everyone was Orthodox, it was lovely that people chose to help to mark this special day.



Our Special Events Social Program for 2021

At Saint Hilarion we believe that social wellbeing is as important as our physical wellbeing. Therefore, we are looking forward to further improving our social activities in 2021. In addition to the new Mens Group which started late last year, we are increasing the number of special celebrations that occur in addition to the daily activities. Following are just a couple that are coming up this month.

Of course, if you have any suggestions for what you would like to see or be involved in we would love to hear from you. Please talk to one of our Leisure and Lifestyle staff or ring our office on 0409 1500 and ask for our Leisure and Lifestyle Coordinator.

Gratitude Week



Gratitude Week is a celebration of our lives and who we are. We will be commencing our Gratitude Week at The House of Saint Hilarion 18th January 2021. We will be creating a Gratitude Tree in La Strada and everyone is invited to come and reflect on what we are grateful for in our life. Gratitude cards, postcards and letters are available on site for use. Let us celebrate beautiful little things and people around in our lives.

Thank you with love

Australia Day 2021



Australia Day Celebrate Afternoon Tea
26th January
1.30 pm to 3.00 pm
@
La Strada

All participants including Staff are invited to dress up in their cultural related clothing's to represents your cultural background to celebrate another year to come together as one.

