



Dear Resident, Relatives and Friends,

The House of Saint Hilarion at Seaton has just completed an audit assessing our infection control procedures as part of the government's commitment to ensuring all aged care services are prepared to combat COVID-19 if needed. We are delighted to say that we have received very positive feedback noting compliance with all required systems and procedures as well as appropriately trained and knowledgeable staff. Thank you to all residents and their visitors who have supported this important work.

Nevertheless, we cannot afford to be complacent. Please help us by making sure that you always follow requests from staff members and remember the following government requirements still apply.

Visitors need to stay away if they have:

- entered South Australia from Victoria or overseas in the last 14 days;
- been in contact with a confirmed case of COVID-19 in the last 14 days;
- a fever or a history of fever and chills in the last 72 hours;
- symptoms of acute respiratory infection or loss of taste or smell;
- undertaken a COVID-19 test and are awaiting the test result, or
- not provided evidence of being vaccinated against 2020 seasonal influenza or alternatively a letter from a doctor that states that they have a medical contraindication to the influenza vaccine.

For everyone else, please remember to ensure that friends and family:

- visit between defined visiting hours to ensure everyone signs in and has their temperature checked;
- limit the number of visits to one per day with no more than two people that come and go together, and
- remain out of all communal areas including dining rooms.

If you require any further information, we are here to help.

Dr Carol Davy



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Cooking at Saint Hilarion

For many people living at Villa Saint Hilarion and The House of Saint Hilarion cooking continues to be one of the most enjoyable parts of life.



And if cooking is not your thing.....

We know that not everyone wants to spend their time making wonderful culinary masterpieces. However, there is always something to interest everyone at Saint Hilarion. Whether that be gardening, reading, or helping to look after Gilbert the guide dog, Chico and Elvis our pet guinea pigs, our chickens or other birds.

Radio Italiana

Last month on Radio Italiana you heard from Andrea Planamente who discussed emotional wellbeing and Mrs Rina Sartoretto who spoke about having moved into the Villa Saint Hilarion seven years ago. From the very beginning she has felt like she's a part of a large family and has kept up with her sewing and cooking, the two things she loves doing.



This week on Radio Italiana we heard from our allied health staff as they discussed the benefits of exercise. Gilbert also joined in.



Upgrading Villa Saint Hilarion

We are proud to announce that upgrades to Villa Saint Hilarion are continuing. Several of our units are receiving a facelift with more to come. Further upgrades to fences around the perimeter have already been completed and our front and rear gates are being installed with security features including automatic gate opening facilities controlled from reception. Finally, you may have noticed that even our entrance has a new look with a sweeping rendered wall complimenting an upgrade to the front façade.

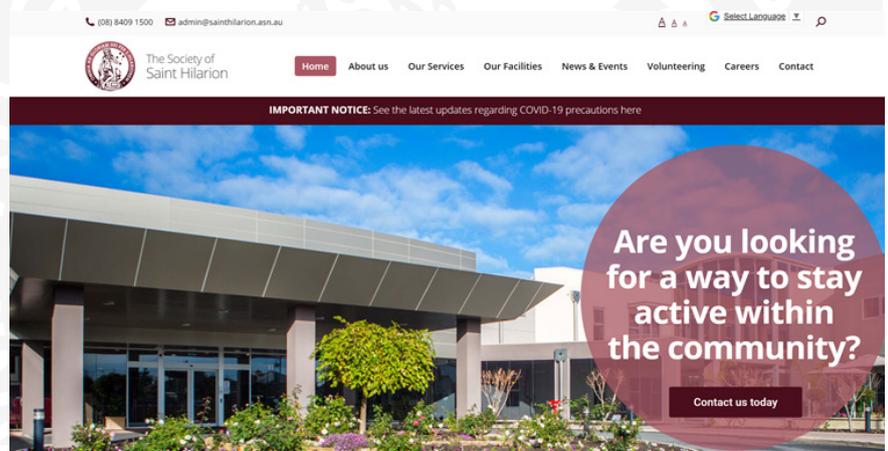


A Fond Farewell

Last month we said a fond farewell to Cathy Young our much-loved Clinical Nurse Manager. Cathy is retiring after 16 years at Saint Hilarion. While she may have stepped down from her official position, something tells me she will be back to visit at the Villa Saint Hilarion very soon. In the meantime, Julie Pool who has shared the senior position with Cathy for the last 12 months is there to make sure that everything runs smoothly..

Our New Website

We are delighted to say that our new website at our old address www.sainthilarion.asn.au is now live. Featuring easy navigation functions and lots of information about the services we offer, it is well worth a look. Importantly, information including newsletters, photos and COVID-19 updates are at your fingertips.



**And don't forget to follow us on
Facebook and Instagram.**