



Dear Resident, Relatives and Friends

I would like to start by thanking all of our family and friends that have complied with COVID-19 visitor requirements. We all understand that this has not been an easy time for you, your loved ones and our staff and we are grateful for the support you have provided. Our COVID-19 Leadership Group continues to meet regularly to ensure that we are doing everything we can to ensure the safety of everyone. Some new staff strategies that we are implementing include:

- providing pandemic leave to staff who are usually not entitled to sick leave or do not have any sick leave to call on;
- continuing to reduce any use of agency staff (already reduced to below 3%) and if absolutely needed asking them to wear a mask throughout their shift, and
- identify staff who work for more than one in preparation for the one staff member, one facility strategy.



### *In addition, from 27th August 2020*

From 27th August we will be requiring all of our staff to wear appropriate Personal Protective Equipment while in residential areas. This includes masks and gowns. Some of the people we care for may find this quite frightening but please be assured that this is a precaution only and does not mean that anyone is infectious. If you would like any further information please do not hesitate to speak with one of our staff.

**Dr Carol Davy**

### **Knitting for a Worthwhile Cause**

Thank you to our wonderful knitters that have been knitting for the Hutt Street Homeless Centre. We couldn't believe the number of scarfs that people living at Seaton and Fulham have made. Congratulations to all.

Knitting has been such a success that some of our ladies have decided to keep going. I think there are a few loved ones that could expect a new scarf for Christmas!



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You may remember that a couple of months ago we featured the Mothers Day Fulham Has Talent. Well this time it is Seaton's turn. The afternoon was full of music, dance and comedy. Even some of our favourite pets joined in the fun!

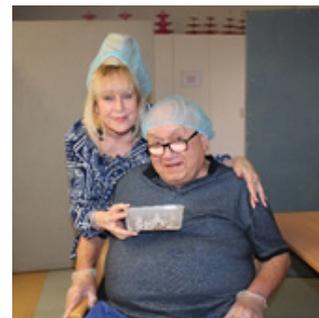


And the wonderful winner is Mrs Anna Vassallo who sang like an angel. *Congratulations!*

We are delighted to say that our popup kitchens have been a great hit. This month Chair of our Board, Lidia Conci has been back for a second go at Pignolata tutored by Mrs Klemse. Our CEO Carol Davy has also received some much-needed guidance in biscuit making from Mrs Mezzini. And, not to be out done, one of our Administrative Staff, Ellen learnt a thing or two about Asian cuisine from Mr Robert Hoeben.



The ladies at Fulham are also cooking up a storm. While pizza was one on the menu last month, in July Mrs Caruana and Mrs Pappagallo made these wonderful Maltese Pulpette. A big thank you from everyone at Fulham who enjoyed the treat.



### Thank You to Everyone Who is Always Happy to Help

Our Staff always appreciate a helping hand and luckily for them there are always plenty around. A special thank you to Emilio this month who took the lead in setting up for upper body noodle exercising. Looks like they were preparing for a big class.

### Residents and Relatives Meetings

Although it is not possible for relatives to attend our Residents and Relative Meetings, due to COVID-19 restrictions, we would like to assure you that feedback from relatives is still welcome. If you have a complaint, suggestion or compliment, please don't hesitate to let us know by filling out a blue form and placing it in our feedback boxes at either our Fulham or Seaton reception desks. Alternatively, you are welcome to send it directly to [quality@sainthilarion.asn.au](mailto:quality@sainthilarion.asn.au). All feedback is very welcome and will be followed up within four working days.

### Commonwealth is Seeking View About Physical and Chemical Restraints in Australian Aged Care Facilities

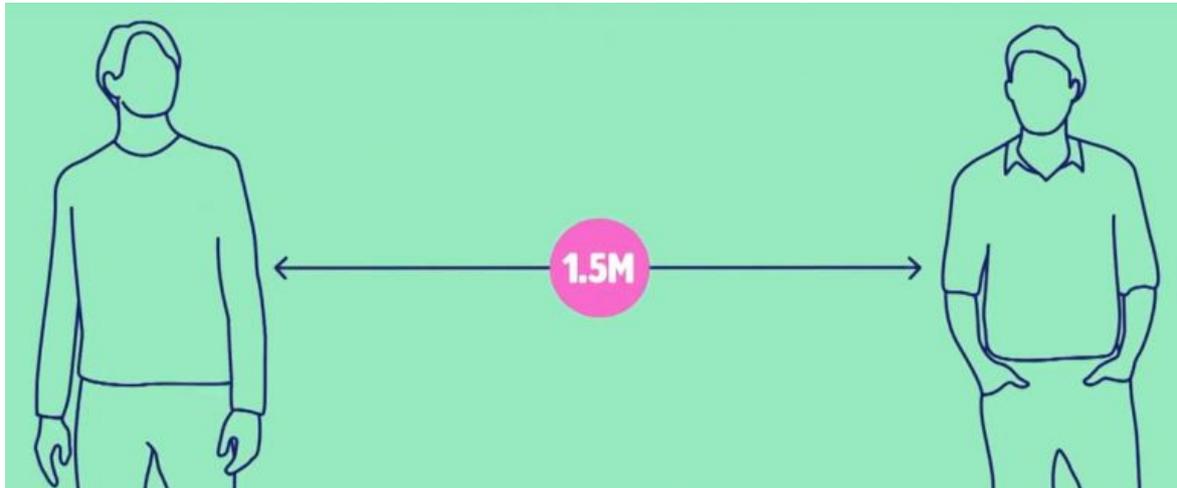
Australian Healthcare Associates is consulting with consumers and aged care staff on behalf of the department as part of a legislated review of new laws that aim to minimise the inappropriate use of restraint in residential aged care. Your views can be shared confidentially by:

- calling AHA on **1300 119 564** (9am-5pm AEST) by Monday 31 August 2020 to complete the phone interview (interpreters available on request)
- visiting the AHA website
- emailing [restraintreview@ahaconsulting.com.au](mailto:restraintreview@ahaconsulting.com.au)

Please call 1300 119 564 (9am-5pm AEST) if you would like more information.

## *When visiting with your loved ones*

**Please stay 1.5 metres away from everyone**



**Please don't kiss or hug**



**Please stay out of communal areas**



*Thankyou*