



From the CEO



I am pleased to let our readers know that we are making positive changes at both Seaton and Fulham.

At Seaton we are reviewing our lifestyle services and are aiming to offer more activities and variety to residents and their families, we have also changed our Clinical Nurse Structure; residents and families will now find that they have a Clinical Nurse to liaise with for each specific area.

Jenny Briggs, an expert in the care of people suffering from dementia, has

spent time reviewing our Memory Loss areas and has suggested some recommendations to enhance residents. We will also be changing the way we staff the areas, and offering a five week training course to care staff who wish to become more skilled in this specialised area. We are proposing to increase lifestyle services in the areas and carers will become a lot more involved in activities and social programs.

The new Allied health team, featured in this newsletter have been working with our residents to relieve pain, increase mobility and assist residents in being able to undertake some of the activities of daily living essential to maintaining or increasing independence.

At the Villas in Fulham we have upgraded the furniture in the dining room, painted the lounge and dining areas and have started to work on the gardens. Alex has renovated the house on site for us, which is being used for overnight stays for day

surgery support accommodation. The house can be available for any couples that may like to enter residential care, which can be negotiated with Ann Legierski on site. In a first for aged care we are making Fulham a 'pet friendly' home. In future if potential residents have small animals that they have had as a companion, we may be able to negotiate for them to move in together. Of course we will have to make sure that no others residents are disturbed or inconvenienced.

I have just completed my first 6 months as CEO working for the Society of Saint Hilarion and have enjoyed meeting residents, families and members of the Community. We are looking forward to the future, and the opportunities to present new services and programs which will have a positive impact on all of our stakeholders.

Marcia Fisher
CEO

Introducing new Director of Care Services



My name is Thuy Phan one of the Director of Care Services at St Hilarion. I would like to express my sincere thanks to all residents, families, staff and stakeholders for their warm welcome to St Hilarion.

I have been in aged care for over 20 years since I graduated from Edith Cowan University in Western Australia as a Registered Nurse. Other qualifications include Palliative care and Continence Consultant.

I am proud to be working in Aged Care as this is where my passion lies since I graduated from University. I find it is rewarding assisting residents and families to make the transition from home to residential care as homely as possible.

Thuy Phan
Director of Care Services

Head Office

7 Kelly Avenue, Seaton SA 5023
PO Box 4114, Seaton SA 5023
Telephone 08 8409 1500
Facsimile 08 8409 1599
admin@sainthilarion.asn.au
ABN 80 548 669 468

The House of Saint Hilarion

7 Kelly Avenue, Seaton SA 5023
Telephone 08 8409 1500
Facsimile 08 8409 1599 (administration)
Facsimile 08 8409 1598 (nursing)
admin@sainthilarion.asn.au

Villa Saint Hilarion

21 Farncomb Road,
Fulham SA 5024
Telephone 08 8235 9055
Facsimile 08 8235 9355
fulham@sainthilarion.asn.au

From the Directors of Care Services

Welcome to the latest edition of the newsletter and our first as joint Directors of Care at Saint Hilarion.

Currently we are working on many issues that have been brought to our attention and welcome any suggestions on how we can improve our processes and systems to enhance the quality of life for our residents.

We have just introduced a new Clinical Structure which will mean that each area will have its own designated Clinical Nurse. A new Clinical Nurse will be commencing soon to oversee the clinical areas along with Marie Cuming. We will expand on this at the upcoming Residents/Relatives Meeting but welcome any questions about the new structure at any time.

We have been on a recruitment campaign and welcome several

new Care and Nursing Staff to the facility. We ask our current staff and families to make them feel welcome. Our new wound registered nurse Carmel Keynes started late last year, Carmel has just completed a comprehensive wound care course, and she will be conducting some staff education on this subject.

Also we have introduced a new auditing system which will more closely match the outcomes and expectations of the Quality Agency. Since August we have had 4 visits from the agency, and each time they have returned, we have been able to demonstrate improvement in the areas they assessed. Thank you to all the staff and families who assisted.

The overall rostering system is being reviewed including the laundry department, catering

delivery and café services to improve efficiency. Changes have also been made to the maintenance dept with Glen Gericke being the Maintenance Officer along with Brandon Keast as team leader in the Domestic Dept.

As Directors of Care our main focus will be on complaint resolution, and inviting families and staff to come forward with any issues. We look forward to having a good working relationship with all our stakeholders, working together to provide quality care for our residents.

Caroline and Thuy

From the Allied Health Director



Frank Naso, Tomara Dodson, Leanne Dreyer and Kate Holzberger

It is an exciting time at St Hilarion for the Allied Health Team. Since the New Year, 4 therapists have been recruited along with Frank Naso - Physiotherapist, as the Allied Health Director. Frank has worked in aged care for over 20 years mostly in senior therapy roles and is recognised for his expertise in manual handling by Safe Work Australia, WorkCover and the Quality and Compliance Office.

Leanne Dreyer and Tomara Dodson, Occupational Therapists, are both new graduates. Originally from Mildura, Tomara has a real passion for both the Italian way of life and aged care.. Leanne is a dance and gymnastics instructor and is passionate about implementing these skills in the aged care.

Kate Holzberger, Occupational Therapist, has over 10 years' aged care experience having previously worked as an ACAT Assessor and Community Packages Co-ordinator. We have over 50 percent of residents at St Hilarion being treated by the Allied Health team including our community packages. Please feel free to approach our team for any needs that your loved ones might have.

Frank Naso
Allied Health Director



Calabrese Pasta Night

Friday 25th July 2014
@ 6.30

The House of Saint Hilarion

We will be having entertainment, raffles, along with bar facilities.

Tickets just \$25 and will include the following:-

Antipasto, Fresh Bread & 3 Different Pastas

For all tickets and enquiries please contact Rosa Peters on 0403 480 196 or email rpeters@sainthilarion.asn.au

What have we been up to?

Villa Saint Hilarion, Fulham

LUNCH AT CAFÉ SPORTIVO



Our residents love to go out for lunch and during the month of January some of our residents were invited to a smorgasbord of delicious food at Café Sportivo, West Lakes.

This pizzeria and café is a family business owned by our receptionist Diana Panazzolo's family.

Twice a year our residents and volunteers are treated to a lovely luncheon, great views and a little walk along the lake. Diana organizes a special set menu enabling us to try a wide variety of their dishes and of course great wines!!!

ZEPPOLE DAY

Another event that our residents are treated to every year is our 'Zeppole Day'. The wonderful volunteers from the Society of St. Hilarion (who make the zeppole for our annual Festa in October and Carnevale) came to the Villa in the early morning where they set up inside to prepare the dough in front of the residents.

Whilst it is usually the volunteers that get their hands dirty, a few of our own residents got in the midst of things and participated.

In the afternoon, Frank Ferraro performed wonderful traditional Calabrian Italian and English songs, and we all enjoyed eating the zeppole!!!

At this time also, we said 'Goodbye and Good luck' to Roman Baftiroski, who has just retired

after 22 years of loyal service to the Society of St Hilarion.

Special thanks to our wonderful volunteers Pina Chiera, Mario & Pina DeGuisa and Flavia Tropeano.

House of Saint Hilarion, Seaton

NEW THERAPUTIC ART SESSIONS

We are delighted to announce our new program, Therapeutic Art Sessions to engage our residents. Therapeutic Art Teacher Kateri Duke visits monthly and takes her star pupils on a journey of discovery and colour, to unearth their inner artistic side.



One of our Residents enjoying the Art Therapy Class

This project provides each resident the opportunity to explore their past and record their findings, it enables them to spend time with each other and discuss their art works.

In a couple of months' time when we have a collection of art work, we look forward to hosting a special Art Gallery, showcasing our residents' finest works.

Acknowledging our Volunteers



Rita Chitti cooking zeppole

We at St Hilarion would like to thank all our volunteers who continue to support our service and community with their passion and generosity, in particular at this year's Carnevale.

Carnevale completed its 39th year with a spectacular fireworks show over our city. For many it was a wonderful end to a scorching hot weekend, nevertheless the weekend was filled with many familiar faces and a variety of entertainment.

From our perspective at Saint Hilarion, we are very privileged to have benefited from the outstanding efforts of our magnificent volunteers who once again have given up their precious time to volunteer at our Zeppole stall.

Quiz Night 2014

Saturday 31 May @
The House of St Hilarion

Tickets \$15 each.

Get a table together.
Maximum of 10 people per table.

BYO food while all drinks (beer, wine softies & water) must be purchased on-site at very reasonable prices.

Visit www.sainthilarion.asn.au for details or contact Rosa Peters on 8409 1500 or email her at rpeters@sainthilarion.asn.au

QUIZ NIGHT 2014
SATURDAY 31 MAY 2014
The House of St Hilarion
7 Kelly Ave, Seaton
at 6.30pm sharp
Tickets are just \$15 each.
Get a table together - maximum of 10 persons per table.
Contact Rosa Peters @ St Hilarion on 8409 1500 or rpeters@sainthilarion.asn.au
BYO food, while all drinks (beer, wine, softies and water) must be purchased on-site at very reasonable prices.
Be in the running to win some great prizes for the best (and worst) performers!
We gratefully acknowledge the support of:
ALTAIRA, The House of St Hilarion, LA CASA DEL GOLF, parmalat

Fashion Parade a Huge Success

Not long ago The Ladies Fundraising Committee hosted a very upmarket Fashion Parade in La Strada at The House of Saint Hilarion. The La Strada was transformed into a runway show depicted of those in the very famous chic parades held in Milan.

Over 170 guests attended the evening and were treated to a selection of homemade canapés made from our wonderful volunteers of the Dolci Santi Group, whilst enjoying current fashion trends by local retailer Forbidden Fashion House located at Woodville West.

Our very own Café Francesco was transformed into a wine connoisseurs dream, with various selections of red and white wines on sale. Barman Scott Peters and our very own barista Lou Pannuccio greeted guests with their bright and cheerful smiles.

A special mention should also be made to all our local supporters who kindly donated gifts toward our raffles and auctions, and to all our fantastic volunteers.



Saint Hilarion
Star Club



Corporate Networking Group

The purpose of the St Hilarion STAR CLUB Corporate Networking Group is to:

- ★ Assist businesses and organisations in non-competing industries to do business with one another.
- ★ Promote the brand, products and services of our STAR CLUB Members across the South Australian business and retail community throughout the year on an ongoing basis.
- ★ Provide STAR CLUB members with introductions to Saint Hilarion suppliers and other corporate connections.
- ★ Hold interesting events with high profile special guests from industry, politics, sport, the media and other areas of interest, where our members will have the opportunity to meet and mingle in intimate surrounds.

Please phone 8409 1500 if you would like to learn more about the STAR CLUB and the benefits for your business.

STAR CLUB Corporate Networking Group

DIAMOND



PLATINUM



GOLD



SILVER



BRONZE

