



From the CEO

The past three months have been particularly busy for us all at both our Fulham Villa and The House of Saint Hilarion at Seaton. We have had a strong focus on recruiting new staff to ensure that we minimise the use of agency staff and Joanna Overbeek, our Human Resources Coordinator, has been doing an excellent job recruiting some wonderful new employees.

We all know that food is a very important component of our lives and we want our residents to have the best food possible, so we have recently completed a review of our catering services at Seaton. Julie Dundon from Nutritional Professionals Australia completed the review and has made some very good recommendations that will make our catering services even better.

Caroline Russo, our Director of Care Services has been with us for three months now and has become a crucial member of our senior management team. Caroline is constantly working with our care staff to improve the care we provide to all of our residents. We also rely on volunteers as well as the families and friends of our residents to assist us to create an environment that enables our residents to "embrace life". I take this opportunity to thank everyone that helps us do this.

Jane Pickering
CEO



From the Director of Care Services



Here at Saint Hilarion we have a wealth of fantastic staff who work hard and deliver quality care.

There is always room for improvement however, and to help us in this context, the current focus is on team building.

Duty statements for all care staff and clinical staff have been reviewed and revised and distributed to all staff. This is to ensure that all staff have a renewed awareness of their roles and responsibilities, and that they are all working towards common goals. This incorporates:

- A 'new way of working' which has been introduced via staff meetings, memos and 'buzz' meetings

between the clinical management team and staff on the floor.

- The main shift is to a team approach, with a team leader and team members allocated to each area.
- The goal is to increase accountability and communication between levels of staff, which filters down to the care of the residents and ensures consistency and continuity.

Staff, residents and families are encouraged to provide feedback as to how the changes are working, while suggestions for improvement are welcomed.

Caroline Russo
Director of Care Services

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Recognising our volunteers

During May a special lunch was held by COASIT (Comitato Assistenza Agli Italiani) to acknowledge the hundreds of volunteers who gave their time to support a range of Italian oriented community organisations and charities over the past year.

Approximately 20 volunteers from Saint Hilarion attended this celebratory lunch at the Grand Ballroom, Fulham Gardens, where around 300 people were in attendance including Commonwealth and State Ministers. We were particularly delighted by the awarding of special commemorative service awards which were presented to our long serving volunteers Nelly Circosta (25 years) and Pina Chiera (20 years).



Long serving volunteers Pina Chiera and Nelly Circosta receiving their awards from Steve Georganas, Federal Member for Hindmarsh.

We at Saint Hilarion would like to thank all our volunteers who continue to support our service and community with their passion and generosity. Reflecting this, we held our own special lunch for our volunteers at The House of Saint Hilarion in May. This coming together of our community deliberately coincided with the May Feast which celebrates the miracle of rain performed by Saint Hilarion at Caulonia on 14 May 1855.



The Peters family are often seen volunteering at Saint Hilarion.

During the festivities we were delighted to present Lifetime Honorary Membership of the Society to Teresa Nesci who has dedicated much of her life to assisting the community through her volunteer efforts.

Also in May in honour of the Blessed Virgin Mary, we held the Month of May Rosary, overseen by the Franciscan Sisters of St Anthony. Together with Fr Luca, who resides at our Villa St Hilarion Fulham, each night the Sisters visited homes of Society members and friends to recite the Rosary with the community. Our sincere thanks to all those who opened their doors, and also to the Sisters and Fr Luca for their dedication to this important season.



One of our Fulham residents, Mrs Hilda Heinlaid

End of Financial Year – an ideal time for a donation

As we come to the end of the financial year, are you in the position to consider a donation to support our work at Saint Hilarion? For taxation purposes there is no better time to make a donation, and from our perspective, we are in need of financial support to help finance the purchase of a range of equipment to assist our residents.

This includes preventive alarmed cushions which can immediately alert our nurses and carers when a resident moves from their chair or bed, and also specially designed mattresses to minimise injury in the event that a resident rolls out of their bed at night.

Your contribution will really make a difference – thank you!

What have we been up to?

Villa Saint Hilarion, Fulham

ZEPPOLE DAY!

Everyone loves the Saint Hilarion zeppole and during May, many of our long time volunteers joined up with our staff at Fulham to cook our famous Italian style doughnuts to the delight of our residents.

Many communities within Italy produce their own versions of zeppole, with our style being to cook our deep fried dough relatively long in shape (like a baguette) and served either sweet with sugar and cinnamon, savoury with anchovies, or simply plain.

CASTAGNE AFTERNOON

For many people born in Italy and other parts of Europe, the smell of roasted chestnuts over hot coals provides an enduring and powerful association with autumn and walking down the street as vendors scream and shout that their castagne are the best!

Helping to keep this tradition alive, Rosi and the team at Fulham set aside an afternoon to roast chestnuts which were generously donated by one of our staff members from Fulham, Diana Panazzolo. The smile on the faces of our residents lit up the community room as they savoured these delicious treats and accompanied by a nice glass of wine.



Mr Milocchi and Mr Bergamaschi enjoying the castagne (chestnuts).

The House of Saint Hilarion, Seaton

OUR NEW GARDEN PROJECT

Under the supervision of our Lifestyle Team, our residents took to the garden in May to establish a new organic vegetable patch comprised of herbs, broccoli, cabbage, leeks and other winter plantings.

This project provides a great opportunity for each resident to link with their past, especially as having a vegetable garden at home was the norm for most people in our community as they grew up. In a couple of months time and in conjunction with a number of interactive cooking classes, we look forward to harvesting our crop and making up a big serving of winter vegetable soup for all our residents to enjoy.



One of our lifestyle team, Antoinette, lending a hand to Mr Brombal.

DOLCI SANTI (SWEET SAINTS)

We are delighted to announce a brand new initiative, Dolci Santi, to engage our staff, volunteers and residents to utilise our multiple kitchen facilities at the House of Saint Hilarion.

As the name suggests, Dolci Santi will involve volunteers, in cooperation with our Lifestyles team, cooking a range of sweet (and savoury) biscuits, cakes and other treats on a weekly basis to engage our residents who will experience the pleasure of lovely aromas wafting through our home, not to mention the fun in observing the demonstrations and then doing the tasting.

We know that many in our community have great skills in the kitchen and personalities to match, and we invite you to put your hand up to volunteer by becoming a Dolce Santo! If you have two hours to spare on a weekly, fortnightly or monthly basis we would love to hear from you! We are sure you will have a fun time with us while helping to promote the wellbeing of our residents.

For enquiries call Rosemary Velardo on 0401 125 651 or Rosa Peters on 8409 1500.

Dont' miss our traditional

CALABRESE LUNCH

Sunday 25 August 2013
at the House of Saint Hilarion

Featuring live entertainment and
homemade wine competition.

Tickets just \$30 and \$20 for children under 12.
Drinks available from the bar.

For tickets and enquiries contact Rosemary Velardo on
0401 125 651 or Jassmine Wood on 0400 080 695

Saint Hilarion
Star Club



Corporate Networking Group

The purpose of the St Hilarion STAR CLUB Corporate Networking Group is to:

- ★ Assist businesses and organisations in non-competing industries to do business with one another.
- ★ Promote the brand, products and services of our STAR CLUB Members across the South Australian business and retail community throughout the year on an ongoing basis.
- ★ Provide STAR CLUB members with introductions to Saint Hilarion suppliers and other corporate connections.
- ★ Hold interesting events with high profile special guests from industry, politics, sport, the media and other areas of interest, where our members will have the opportunity to meet and mingle in intimate surrounds.

Please phone 8409 1500 if you would like to learn more about the STAR CLUB and the benefits for your business.

STAR CLUB Corporate Networking Group

DIAMOND



PLATINUM



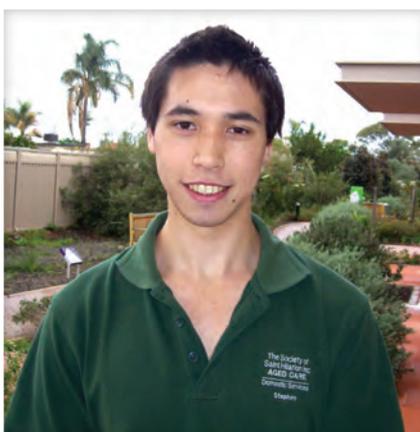
GOLD



SILVER



BRONZE



Stephen Kirby, one of our Domestic Services team and our April 2013 employee of the month at The House of Saint Hilarion

Unsung Heroes – our domestic services staff

They are the staff who quietly go about their job efficiently and effectively, helping to keep our two aged care facilities in tip-top hygienic condition - our domestic services staff.

Every good organisation has good people behind the scenes who, unfortunately, do not get the recognition they deserve, so we thought it was about time we changed this! Under the supervision of Monique Inglis, our Domestic Services Manager, our domestic services staff play a critical role in helping to control infection, maintain an attractive environment and help to ensure we are accredited as a licensed aged care organisation – all very important!

The great majority of people who visit our Fulham and Seaton facilities comment that they are very pleasant, clean and inviting places to spend time with loved ones, and for this we thank our domestic services staff.